

## CAMPUS NEWS



St. Mary's College of Pharmacy, Secunderabad, Telangana organized a **National Seminar on "Recent Advances in Pharmaceutical Sciences"** sponsored by Council of Scientific & Industrial Research (CSIR), Department of Science & Technology (DST) on March 23-24, 2018. Several distinguished speakers including Prof. Surya Prakash from Indian Institute of Science (IISc) Bangalore; Dr. Ravindar Kontham, Senior Scientist (E-I), CSIR-National Chemical Laboratory, Pune; Dr. B. Dinesh Kumar, Scientist - 'F', National Institute of Nutrition, Hyderabad; Dr. Devaraj Rambhau, Director (Technical), Pulse Pharmaceuticals; Dr. Kota Satyanarayana, Vice President, R & D, Natco Pharma Limited and Dr. P. Selvamani from Anna University, BIT Campus, Trichy, Tamilnadu delivered lectures and presented their advanced scientific research. The event was witnessed by Most Rev. Thumma Bala, Chairman, Hyderabad Archdiocese Educational Society (HAES) as 'Chief Patron'; Msgr. Swarna Bernard, Vice Chairman, HAES as 'Patron'; Prof. A. Muralidhar Rao, Principal, St. Mary's College of Pharmacy, Secunderabad, Telangana as 'Convener' and Dr. G. Mariappan, Associate Professor, St. Mary's College of Pharmacy, Secunderabad as 'Organizing Secretary'.



A one-day **National Workshop on "Stress Free Health Care Professionals: A Self Care and Wellness Workshop"**, sponsored by Association of Pharmaceuticals Teachers of India (APTI), was conducted by Geetanjali Institute of Pharmacy (GIP), Geetanjali University, Udaipur, Rajasthan on August 18, 2018. The event brought together around 100 Academicians, Scientists, Doctors, Research Scholars, Dentists, Post-doctoral fellows, Nursing staff, Health care Professionals and



PG medical students from different states, all over India. The workshop was inaugurated with lightening the lamp in the presence of Maa Saraswati by the guests Dr. N. K. Sharma, GM at JK Tyres and corporate trainer, Mr. Kishore Pujari, CEO, Geetanjali Hospital, Dr. Ramesh Patel, Dr. Ashok Dashora, Dr. Anju Goyal and Dr. Udichi Kataria.

In the welcome address, Dr. Ashok Dashora, Dean, GIP & convener of the workshop welcomed all the dignitaries and delegates. He continued his words and told about his mission towards vision & values. He talked about how Geetanjali University and workshop is creating a platform and resource to explore about the root cause identification of stress and stress management techniques.



The keynote session started with the talk of Dr. Kishore Pujari, CEO, GMCH who discussed that all living creatures experience stress every day. While doing adjustment in environment, our body and mind get stressful. Stress is nothing but the gap between expectations and reality. Several external and internal factors causes stress like family, society and working area etc. We have to play different role everyday in our life. It is not easy to control your mind in everyday life. There are many yoga guru's who teach you how to control your mind.

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Dr. Ramesh Patel, Consultant Cardiologist, GMCH told that stress is body's response to physical, chemical and emotional reactions. Long term effects of stress are change in heart rate, increase in blood pressure and cholesterol level. There are two types of personalities type A and B. Most of us are type A which shows excessive anger, aggressiveness and inappropriate competitiveness. Stress increases the risk of heart disease by 10% and heart attack by 25%. He discussed some ideas for coping with stress by safe eating and drinking, saying no is OK, regular exercise, relax and stop smoking. He showed his way to deal with stress: enjoy in difficult situations, outing with friends and spent time with family and play with kids. This was followed by a talk by Dr. Udichi Kataria, organizing secretary of workshop & Associate Professor at GIP who explained that stress is so much to do in less time with less energy where we can only deal with energy. She talked about how to manage our energy with good food, sleep, breathing exercise and a happy mind which we can do with mind management. Dr. N. K. Sharma started with how man and women deal with stress in daily life. He said women go through more stress in day to day life in male dominating society but male are more in stress because women are more stable. He talked about emotional health which is balance between your work and your health and how you keep disturb emotion with you as baggage which disturbs yourself. He also talked about quality professionals, quality work and Intellectual wellness.

The post scientific session of workshop was followed by yoga session by Dr. Guneet M. Bhargava, HOD, Faculty of Yoga, Pacific University, Udaipur. The workshop ended by Dr. Anju Goyal, Professor, BNIPS, Udaipur and Co-ordinator, APTI, Women Forum, Rajasthan Branch with vote of thanks.



Geetanjali Institute of Pharmacy (GIP), Geetanjali University, Udaipur, Rajasthan celebrated the **World Pharmacist's Day – Theme: 'Pharmacists: Your Medicines Experts'** on September 25, 2018. On this occasion, GIP organized various events like literary competition (Pharma Quiz, Essay writing and Debate); cultural (Song/Dance competition, Drama); blood donation camp and other including general awareness rally to



celebrate this important day. The programme started with invocation and welcome speech by Dr. Ashok Dashora, Dean, Geetanjali Institute of Pharmacy. He highlighted the importance of continuing education for updating the skills, competence & knowledge. He briefed the gathering about the role of Pharmacists in the health care system.

Dr. Dashora stated that the mission of the pharmacy profession is to render services to the humanity. The public places great trust in the knowledge, skill and professional judgment of the pharmacist and therefore, the pharmacist needs to ensure high standards of professional conduct, up-to-date knowledge and professional competence. Since the pharmaceutical sector in India is witnessing tremendous growth, issues of quality and effectiveness need to be urgently addressed.

He mentioned that whenever and wherever "Medicine" is discussed, whether in distribution and retailing of medicines in community or hospital pharmacy, manufacturing, quality, R & D, regulatory or academia, the pharmacists should be there. He emphasized on the role of pharmacists in quality and rational use of medicines by way of patient counseling. He encouraged and motivated the students to identify the new opportunities and challenges for pharmacy practice in a changing health sector context. Dr. Dashora also emphasized that the pharmacist shall address the needs of the society and individual patient. Pharmacists can make a vital contribution to the patient care by counseling, providing drug information to doctors, nurses, monitoring drug therapy etc. The pharmacist cares to patient's oriented activities were organized on view of World Pharmacist Day from September 24, 2018. The



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students participated in Quiz and in the competition, 1st & 2nd position was attained by Miss. Charul Agarwal & team and Mr. Deepak Khandelwal & team of Pharm D II year & B. Pharm IV Year respectively and 3rd Position was attained by Mr. Geet Godawat & Team of B. Pharm III semester. Furthermore, in debate competition, 1st position was received by Ms. Charul Agarwal of Pharm D-II year in favor of the topic and against the topic by Ms. Vimala Choudhary of B. Pharm 3rd year. In addition, solo & group song competition, the 1st position was attained by Ms. Tanuja Chouhan in solo of D. Pharm 2nd year and in group Kimi & team of Pharm D-II year, whereas the 2nd position was received by Ms. Pooja Padmawat in solo of B. Pharm 3rd year and in group Mamta & team of D. Pharm.



On September 25, 2018, Geetanjali Institute of Pharmacy has also organized a rally and blood donation camp at blood bank of Geetanjali Medical College and Campus at Udaipur. More than 50 students & staff donated the blood. All competitions were based on pharmacist care towards patients.

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Pan American Health Organization (PAHO) and World Health Organization (WHO) organized **11th Pan American Conference on "Pharmaceutical Education"** on October 2-4, 2018 at Quito, Ecuador (South America). The objective of the Pan American Conference was to discuss pharmaceutical education in the Americas, focusing on the development of an accreditation proposal for pharmacy careers. Conference was witnessed by representatives from Central Latin American/North & South American/Caribbean countries including Dr. Jeffrey W. Wadelin, Associate Executive Director, Accreditation Council for Pharmacy Education (ACPE), Chicago,



USA; Prof. Wanda T. Maldonado, Dean, School of Pharmacy, University of Puerto Rico, San Juan, Puerto Rico; Dr. Patricia Acuna Johnson, Professor of Pharmacology, Faculty of Pharmacy, University of Valparaiso, Chile; Prof. Joseph Saseen, Vice Chair, Department of Clinical Pharmacy, Skaggs School of Pharmacy and Pharmaceutical Sciences, University of Colorado, USA; Prof. Magaly Rodriguez De Bittner, Associate Dean, Clinical Services and Practice Transformation, Department of Pharmacy Practice and Science, School of Pharmacy, University of Maryland, Baltimore, USA; Dr. Andrea M. Wilkins Daly, Head, School of Pharmacy, College of Health Sciences, University of Technology, Jamaica; Prof. Lucy Gabriela Delgado, National University of Colombia, Bogotá, Colombia; Dr. Janeth Montalvo Jaramillo, Faculty of Chemical Sciences, Central University of Ecuador, Quito, Ecuador etc. At the end of the conference, Dr. Rajiv Dahiya, President, Association of Pharmacy Professionals and Director, School of Pharmacy, Faculty of Medical Sciences, The University of the West Indies, St. Augustine, Trinidad & Tobago honored different speakers including Prof. Isabel Fierro A, Dean, Faculty of Chemical Sciences, Central University of Ecuador, Quito, Ecuador; Prof. Santiago Rodriguez, Director, School of Pharmacy, Latin University of Costa Rica, Costa Rica; Prof. Rosa Eugenia Buitrago Del Rosal, Dean, Faculty of Pharmacy, University of Panama, Panama; Mag. Federico Giraudo, Dean, Faculty of Chemical Sciences, Catholic University of Cordoba, Cordoba, Argentina; Dr. Carlos Volonterio, Faculty of Chemistry, University of the Republic of Uruguay, Montevideo, Uruguay; Mrs. Jewel Edmondson Carter, Lecturer, Department of Pharmacy, Faculty of Health Sciences, University of Guyana, Greater Georgetown, Guyana; Mrs. Lydia Harris-Thurton,



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Senior Lecturer, Pharmacy Department, Faculty of Nursing Allied Health and Social Work, University of Belize, Belize, with 'Certificates of Appreciation'.

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The Caribbean Association of Pharmacists (CAP) and School of Pharmacy, Faculty of Medical Sciences, The University of the West Indies, St. Augustine, Trinidad & Tobago, West Indies organized the **Joint Symposium on "Utilizing Research to Optimize Pharmacy Practice and Patient Outcomes"** on November 3-4, 2018 at Eric Williams Medical Sciences Complex, Champs Fleurs, Trinidad & Tobago. The scientific session of the symposium was enriched the lectures and presentations of professionals on diverse topics of pharmaceutical interest including Pharmacovigilance: Monitoring The Safety of Medicines; Herbal Medicines and Patient Outcomes; Therapeutic Monitoring: Aminoglycosides; Medical Marijuana: Benefits, Risks and Implications; Health Literacy and Medication Use and Antibiotic Use and Resistance. The symposium was witnessed by Dr. Marvin Smith, President, The Caribbean Association of Pharmacists, Jamaica; Ms. Junia Walcott, President, The Pharmaceutical Society of Trinidad and Tobago; Dr. Sandra Reid, Deputy Dean (Clinical), Faculty of Medical Sciences, UWI; Dr. Rajiv Dahiya, Director, School of Pharmacy, UWI and other academic staff of School of Pharmacy including Prof. S. Pandey, Prof. A. Gadad, Dr. Patricia Sealy, Dr. Rian Marie Extavour and President, Trinidad and Tobago Organization of Pharmacy Students (TTOPS) etc.

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Faculty of Pharmacy, RKDF University, Bhopal, Madhya Pradesh organized **State Convention of Society of Pharmacognosy**



and a National Seminar sponsored by Association of Pharmaceutical Teachers of India (APTI) on the theme "Current Trend in Medicinal and Aromatic Plants with Special Emphasis on Indian Scene" on November 25-26, 2018. The convention was inaugurated by chief guest Honorable Dr. Punjab Singh (President, National Academy of Agricultural Science, New Delhi and Chancellor, Rani Laxmi Bai Central Agriculture University, Jhansi) along with Dr. V. K. Dixit (National Advisor, Society of Pharmacognosy), Dr. V. K. Sethi (Vice Chancellor, RKDF University, Bhopal), Dr. Abhay Kumar Singhai (Treasurer, Society of Pharmacognosy), Dr. Umesh Patil (Secretary, Society of Pharmacognosy and Professor, Department of Pharmaceutical Sciences, Dr. Hari Singh Gour Central University, Sagar), Dr. B. N. Singh (Registrar, RKDF University) and Dr. M. L. Kori (Convener, President APTI-MP State Branch, Bhopal and State Coordinator, Society of Pharmacognosy) amongst the dignitaries present for the occasion. After deliberations from all the dignitaries, the scientific session was addressed by Dr. Kuldeep Ganju (Principal & Professor, Sagar Institute of Pharmacy and Technology, Bhopal) on 'Pharmacognosy: Beyond the Horizon', emphasizing on the key theme of the convention along with discussion on poison, stating it to be not harmful but dose of poison is harmful, concluding that the researchers have made anticancer drugs by using snake poison. The programme was attended by Principals of various Pharmacy institutes of Bhopal and other cities of Madhya Pradesh including Dr. Umesh K. Jain, Dr. Satish Nayak, Dr. Akhilesh K. Singhai, Dr. Neeraj Upmanyu, Dr. Jay Ram Patel, Dr. Gopal Rai, Dr. Shailesh Jain, Dr. Vipin Dhote, Dr. Lovekesh Omrey, Dr. Anand Chourasia, Dr.



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Alok Pal Jain, Dr. Sarang Jain, Dr. P. K. Mohanti, Dr. Ram K. Rai, Dr. Ashish Maniguha, Dr. Rajesh K. Pawar and others graced the occasion. All the principals were honored for their tremendous efforts and contribution to the science and fraternity. APTI-MP State branch also honored various outstanding contributors for their efforts, excellence and commitment to the profession. Awards to deserving faculties, who had nominated by Principals of various institutes, were given by dignitaries. Outstanding Assistant professor, Associate Professor, Professor award was presented to Dr. Sapna Malviya, Modern College of Pharmacy, Indore; Dr. Rakesh Sagar, SGSITS, Indore and Dr. Rajesh S. Pawar, Truba College of Pharmacy, Bhopal, respectively in Pharmacognosy branch. Dr. Reenu Yadav, Bhabha University, Bhopal; Dr. Sushil K. Kashaw, Department of Pharmaceutical Sciences, Dr. Hari Singh Gour Central University Sagar and Dr. Prateek Jain Adina College of Pharmacy, Sagar received the award for the above mentioned categories in Pharmaceutical Chemistry. Dr. Aditya Ganeshpurkar, Shreeram College of Pharmacy Jabalpur and Dr. Nirmal Dongre, Institute of Pharmaceutical Science, SAGE University, Indore, as Assistant and Associate Professor category in Pharmacology. Dr. Rishi Paliwal, Department of Pharmacy, Indira Gandhi National Tribal University, Amarkantak; Dr. Gopal Rai, Guru Ram Das Khalsa Institute of Science and Technology, Jabalpur and Dr. Awesh K. Yadav, Bhagyoday Tirth Pharmacy College, Sagar received the award as outstanding Assistant Professor, Associate Professor and Professor, respectively in Pharmaceutics. The Outstanding Principal award was presented to Dr. Surendra Jain, Sagar Institute of Research and Technology-Pharmacy, Bhopal. The Outstanding Researcher/Scientist award was presented to Dr. Sanjay K. Jain, Department of Pharmaceutical Sciences, Dr. Hari Singh Gour Central University, Sagar. The award ceremony was followed by meeting of all members of Society of Pharmacognosy, which witnessed an exhaustive discussion on the theme and ways to promote research on medicinal and aromatic plants in Indian context followed by cultural eve, where the students of Faculty of Pharmacy performed and

showed their talent, which amazed all guests and participants. The event ended with dinner of all the guests and participants. National Seminar was inaugurated on day two by Dr. V. K. Sethi and Dr. Salil Pendse (CEO, Sri Krishna Group, Aurangabad). The first key note for the national seminar was delivered by Dr. Rishi Paliwal. The students felt very connected with the presentation and were motivated by his enthusiastic presentation on life, education and progress. Dr. Papiya Bigoniya, Professor, the second keynote speaker delivered her talk on basic research and various agencies involved in pharmacological research and Mr. Salil Pandse, discussed the importance of presentations on a personal and professional front. The national seminar was attended by B. Pharm, M. Pharm, research students and faculty members from various institutes of Madhya Pradesh and other state of India with a total attendance of more than 850 participants in this national seminar. Scientific committee organized oral and poster presentation where various recent research and its outcomes were presented by participants.

The best poster presentation award was given to Mr. Anand Mishra from Oriental College of Pharmacy; Ms. Rajkumari Thagle, Department of Pharmacy IGNTU, Amarkantak, and Ms. Phoolan, Vedica College of B. Pharmacy, RKDF University, Bhopal, Madhya Pradesh. This successful event was organized by Dr. M.L. Kori, President APTI M.P. State Branch as 'Convener'; Dr. Alok Pal Jain, Vice-President APTI M.P. State Branch as 'Co-Convener'; Dr. Papiya Bigoniya, Vice-President APTI M.P. State Branch as 'Co-Convener' and, Dr. Narendra K. Lariya, Secretary, APTI M.P. State Branch and Organizing Secretary of the event; Mr. Sunil Singh, Dr. Neha Jain and Dr. Abhishek Dwivedi as 'Coordinators - Scientific Committee' and all the teaching and non-teaching staff of Faculty of Pharmacy, RKDF University, Bhopal, Madhya Pradesh. The Hon'ble Chancellor of University, Prof. (Dr.) Sadhna Kapoor congratulated all the staff, students, office bearers and members of Society of Pharmacognosy and APTI Madhya Pradesh State Branch for successful organization of the event.

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