

## CAMPUS NEWS

The School of Pharmacy, Faculty of Medical Sciences, The University of the West Indies, St. Augustine, Trinidad & Tobago commemorated 'World Cancer Day 2019' by initiating a couple of activities on Feb 04, 2019. Dr. Rajiv Dahiya (Director) and Dr. Satish Jankie (Lecturer, Pharmacology) were invited to Radio 102.7fm/TV Jaagrati for a live 30-minute interview on their program "Conversations" hosted by Ms. Vishala Ganesh where public was made aware on key topics viz. Impact of Cancer on Trinidad Population, Herbal Measurers to Control the Cancer, Active Role of Pharmacist in Cancer Prevention. B.Sc pharmacy second year students of School of Pharmacy published newspaper article entitled "Let us create a future without cancer" in the Daily Express on pages 31-32 on Feb 04, 2019, under supervision of Dr. Dahiya and Dr. Jankie.

An outreach was conducted to St. Joseph Enhanced Health Centre, Champ Fleurs (NCRHA), Trinidad & Tobago on Feb 07, 2019 where B.Sc students presented a poster on 'Facts about Cancer' and addressed the importance of cancer awareness. They also distributed brochures on cancer symptoms, screening and role of the pharmacist in cancer management. A short skit was enacted to show patients failing to get proper screening, difference between malignant and benign tumors and disease outcome.

Dr. Jankie presented a short talk on cancer with respect to emerging trends, international as well as local statistics, symptoms and team management of cancer by all health care workers. Dr. Rajiv Dahiya, Director, School of Pharmacy addressed the public on Feb 12, 2019 at St Joseph Enhanced Health Centre, Champ Fleurs (NCRHA) on topics like causes of cancers, role of environmental factors like smoke and harmful UV rays, genetic predisposition, herbal remedies and tips for disease prevention. This was followed by talk of Dr. Andanappa Gadad, Professor, School of Pharmacy on 'Biomarkers for Cancer'. His presentation included therapeutic modalities, cancer incidences in Trinidad and Tobago and biomarkers for prognostic, diagnostic, predictive, pharmacodynamics, recurrence cancers, immunologic biomarkers and biomarker testing methodologies.

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The School of Pharmacy, Faculty of Medical Sciences, The University of the West Indies, St. Augustine, Trinidad & Tobago commemorated 'World Tuberculosis Day 2019' by initiating two outreach activities on Mar 21, 2019. Dr. Rajiv Dahiya (Director) and Mr. Caleb Boodjarrat (second year pharmacy student) were invited to Radio 102.7 /TV Jaagrati for a live 30-minute interview on their program "Conversations" hosted by Ms. Vishala Ganesh. The public was informed of the impact of Tuberculosis on Trinidad Population, Herbal Measurers to control the adverse effects of Tuberculosis medication and the role of the Pharmacist in management of Tuberculosis.

An outreach activity was conducted at St. Joseph Enhanced Health Centre, Champ Fleurs (NCRHA) by Dr Satish Jankie along with second year pharmacy students. Dr. Jankie presented on global, regional and local statistics as well as World Health Organization's and Pan American Health Organization's plan to reduce the incidence of the disease.

The students presented on the history of TB, its signs, symptoms, spread and treatment of the disease. A skit was enacted to show contraction of the disease as well as progression of Tuberculosis with its accompanying signs and symptoms. They also distributed brochures on Tuberculosis symptoms, screening and the role of the pharmacist in disease management. There was also a display of a lung model which showed normal and TB infected lung.

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The School of Pharmacy, Faculty of Medical Sciences, The University of the West Indies, St. Augustine, Trinidad & Tobago commemorated 'World Health Day 2019' on Apr 03, 2019. On the occasion, Dr. Shamjeet Singh (Lecturer in Basic Health Sciences) and Ms. Kavita Singh (Second year pharmacy student) were invited to Radio 102.7fm/TV Jaagrati for a live 30-minute interview on their program "Conversations" hosted by Ms. Vishala Ganesh. The audience was informed of the impact of lifestyle choices on health and the incidence of diabetes and hypertension in the Trinidad population. A three minute cartoon video depicting lifestyle diseases which was prepared by Ms. Kavita Singh, was aired on national television. This video has been requested by North Central Regional



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Health Authority to be shown in their patient waiting area. An outreach activity was conducted at Arima Health Facility on by Dr. Rajiv Dahiya, Dr. Satish Jankie and second year pharmacy students. Dr. Jankie presented on non-communicable diseases and the impact of lifestyle habits on obesity, as well as measures that assist in weight management. Dr Dahiya presented on types of diabetes, its management, treatment and the role of herbs in treatment of various ailments associated with diabetes and hypertension. The students enacted a skit to highlight the impact of healthy lifestyles on overall health and wellbeing. There was also a poster display to show how organ changes correlates to lifestyle habits. A short lecture was delivered by the student group and emphasis was placed on heart disease.

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The School of Pharmacy, Faculty of Medical Sciences, The University of the West Indies, St. Augustine, Trinidad & Tobago commemorated 'World Malaria Day 2019' on Apr 10, 2019. On this occasion, Dr. Rajiv Dahiya (Director, School of Pharmacy) along with Dr Madan Mohan Gupta (Senior Lecturer, Pharmaceutics) were invited to Radio 102.7fm/TV Jaagrati on the program "Conversations" hosted by Ms. Vishala Ganesh. They informed the viewing audience about the incidence of Malaria and its impact in Trinidad, its treatment and preventative measures with specific reference to mosquito nets and mosquito repellants. An outreach activity was conducted at St Helena Health Centre on Apr 11, 2019 by Dr. Rajiv Dahiya, Dr. Satish Jankie and second year pharmacy students. Dr. Jankie presented on local and international statistics of Malaria and Dengue as well as preventative measures that can be employed. Dr Dahiya presented on Malaria and the role of herbs in treatment of symptoms and as a preventative measure. The students enacted a skit to highlight the impact poor habits in providing breeding grounds for mosquito borne diseases. This was followed by distribution of packages to patients which included dengue brochures, traditional mosquito repellents, new herbal preparations.

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The School of Pharmacy, Faculty of Medical Sciences, The University of the West Indies, St. Augustine, Trinidad & Tobago commemorated 'World No Tobacco Day 2019'. On the occasion, the School was invited to Radio 102.7 TV Jaagrati on May 27, 2019 for a live 30-minute interview on their program "Conversations" hosted by Ms. Vishala Ganesh. This was attended by Dr Rajiv Dahiya, Director, School of Pharmacy and Dr. Sameer Dhingra, Lecturer of Pharmacy Practice. The audience was informed of the impact of smoking on overall health and the increased risk of cancer. Dr Dhingra also discussed the laws governing the sale and use of tobacco as outlined in the Tobacco Control Act 2009.



An outreach activity was conducted at Sangre Grande Enhanced Health Centre on May 31, 2019 by Dr. Rajiv Dahiya, Dr. Satish Jankie, Dr. Shamjeet Singh and second year pharmacy students. Dr. Jankie presented on local and international statistics of smoking, the impact on non-communicable diseases and effects of nicotine. Dr. Dahiya presented on dangers of smoking, second hand smoke and impact on health. He also discussed alternatives such as e-cigarettes and alternative options for smoking cessation. The second year pharmacy students presented a short video on peer pressure

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and smoking with its long term impact on health. They were also involved in a poster display and brochure distribution.



The School of Pharmacy, Faculty of Medical Sciences, The University of the West Indies, St. Augustine, Trinidad & Tobago commemorated 'World Pharmacist Day 2019' with staff and students being involved in a number of activities. On Sep 25, 2019, the School was invited to Radio 102.7fm/TV Jaagrati for a live 30-minute interview on their program "Conversations" hosted by Mr. Vindhar Seeraj, and was represented by Dr. Rajiv Dahiya (Director) and B.Sc Pharmacy third year student, Mr. Caleb Boodjarat. Dr. Dahiya discussed Diabetes, its management and control measures whilst Mr. Boodjarat spoke on the active and evolving role of Pharmacist in self-care and medication safety. An outreach was conducted to St. Joseph Enhanced Health Centre, Champ Fleurs (NCRHA) on Sep 27,

2019 where third year students presented on the role of the pharmacist in medication safety. The public was also informed of the services available to them *via* the pharmacy department. Dr. Dahiya discussed about Diabetes and its complications. A Symposium was conducted on the theme of World Pharmacists Day 2019 - 'Safe & Effective Medicines for All' on Sep 27, 2019 where key speakers were Dr. Arlene Villarroel Stuart, Pharmacist, EWMSC, NCRHA, Champ Fleurs and Dr. Sameer Dhingra, Lecturer (Pharmacy Practice), School of Pharmacy. Dr. Stuart addressed the gathering on significance of pharmacists in a healthcare system particularly in Regional Health Authorities, whereas Dr. Dhingra spoke on medication safety and the significance of pharmacovigilance in promoting medication safety in a healthcare system. The School of Pharmacy hosted their first T10 Cricket tournament which was arranged by Dr. Satish Jankie along with the Trinidad and Tobago Organization of Pharmacy Students (TTOPS). The tournament was held on the Sunday-Sep 29, 2019 at the French Village Grounds and featured four teams from Super Pharm, Eye See You Ophthalmic, a Pharmacy School student and staff team. All prizes were sponsored and the event was conducted without the funding from the School of Pharmacy.

